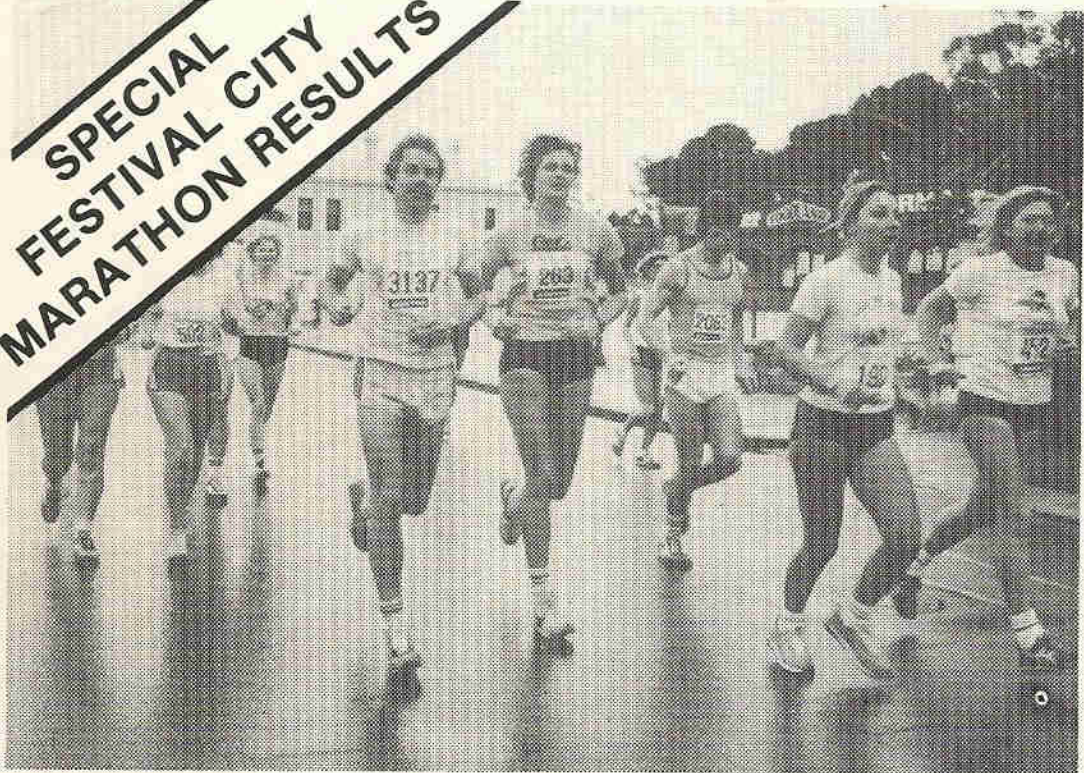


Festival City Runner

SEPTEMBER, 1981

JOURNAL OF
THE SOUTH AUSTRALIAN ROAD RUNNERS CLUB INC.

SPECIAL
FESTIVAL CITY
MARATHON RESULTS



Runners in the 1981 Festival City Marathon running through
Gawler (Photo: The Fleeting Image)

Registered for Posting as a periodical — Category 'B'

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The S.A. Road Runners Club Inc. (SARRC)

The primary purposes of the Club are the promotion and encouragement of long distance running as a sport and as a means of healthy exercise.

Club Membership

Membership of the club is open to all persons interested in the objects of the club.

Membership Fee

The annual fee is \$2.00 per person or \$3.00 per family (a family comprises parents and all dependents at the same address). Membership is for a period of 12 months from payment of the annual fee. You can join by completing a membership form obtainable at the Sunday morning training clinics, or from Tony Ashwell, Post Box 495, Elizabeth 5112. Please enclose a stamped self addressed envelope.

SARRC Office Bearers 1981-2

President — **Bruce Abrahams** Vice-Pres — **Tim Anstey** Secretary — **Tony Ashwell**
S.A. Road Runners Club Inc. P.O. Box 495, ELIZABETH. S.A. 5112

Treasurer — **John Tonkin**

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Social Elva Abrahams 294 3248
Education and Training Helen Morris 381 4467
Adelaide Greenbelt Half Marathon Tim Anstey 297 7938
Start/Finish Systems and Technical Tony Ashwell 258 0159
5DN/Westfield Superun Tony Ashwell 258 0159

Festival City Runner

The Journal of the SARRC is mailed to each member (or family). Remaining issues for 1981 are: December and February (1982). Deadlines for contributions are November 20 and January 15 (1982).

All advertising enquiries to B. & T. Publishers, Box 52, Alberton. 5014. Phone 47 7133

Editorial Committee: Bruce Abrahams, Sue Forth, Andrew Chittleborough and Helen Morris. All contributions and editorial enquiries to: **Festival City Runner, P.O. Box 495, ELIZABETH 5112.**

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THE FESTIVAL CITY MARATHON — ONE OF LIFE'S SIMPLE PLEASURES

If ever there was a day for a marathon PB, Sunday August 2 was it. Such was the consensus among the 739 warriors (of 918 entrants) and over 2000 supporters who milled around in the half-light of a cool, calm, drizzly Gawler morning.

The 179 “no shows” had to be dopes to miss running in such perfect conditions — or perhaps they were too constipated after Friday’s “carbo super over-loading banquet”.

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The men’s race was wide open following 1979 champ Grenville Wood’s knee injury two days before. Wood was an unlikely starter anyway, but still it was a relief to some to know he wouldn’t be showing up at the last minute. The State Team that ran in the National Marathon seven days earlier was there in force — a little foolishly perhaps. It’s a well known axiom that if you wish to run lousy for six months, then two marathons in a week is the perfect recipe.

That didn’t seem to worry Steve Guy who decided at the last minute to run. Guy, a Roseworthy College ag. student had quit in the Nationals at 33 km. and was determined to make amends.

John Carlton, the ex-Townsville marathoner, and Peter Liebelt, the Murray Bridge barman, had both completed the National in times much slower than their best so perhaps they still had something in reserve. As bartenders on the Friday night hog session, they had gone a long way towards getting most of their rivals drunk. Dave Martin, who had withdrawn from the National at 25 km after running in new shoes (his luggage was misplaced at the Airport) was also a chance, while 1979 and 1980 runner-up Alan Hanley was nearing top form after an indifferent season following his disastrous expedition to the Auckland Marathon in February. The dozens of interstate entries cast uncertainty on the whole prediction process. After all, who had heard of last year’s winner Ian Graves (NSW) before that race? Come to think of it, who’s heard of him since?

The only proven interstater was John Bell (ACT) an ex-S.A. runner who had recently won an appeal against a lifetime suspension from the sport following an entry foul-up at a fun run in Queensland (where else could you be excommunicated for life by entering an event late?). He had gone under 2 hours 30 minutes the week before. Some 16 year old kid had predicted a 2.25 time on his entry form but, for the time being, that was dismissed as the fantasy of a headstrong youth.

Desiree Letherby’s decision to start was generally viewed as suicidal, especially with the State-Cross-Country Championships just a week away.

She had run fourth in the Nationals with a 2.54 wracked with lower back pain and gastro but obviously the defending champ felt she still had more to give. In the event of a Letherby breakdown, the winner could’ve been anybody. The 89 women entrants were largely unknown and it was clear that even state reps Helen Alderson, Avis Pearce and Ann Mann, would have trouble holding their own. Appropriately enough the drizzle ceased as race director Bruce Abrahams called the runners out in the direction of the abbatoirs adjoining the start.

Amazingly, the rain did not begin again until the last runner had safely reached the finish at Graduates Oval.

Abrahams had obviously attracted sponsorship from everywhere on this day. Contrary to last year’s hubbub at the start the race got away in relative silence. Perhaps everyone was too busy concentrating on performing well to bother shouting the usual one-liners.

The throng of runners crossing under the start banner seemed endless and if the field keeps doubling in size each year, they'll have to consider bulldozing the town in order to create a wide starting area.

Up Jerningham and down Murray Street to the one mile mark, the field was already thinning out appreciably.

Some kid came through first at 5 minutes 36 seconds followed by a couple of other speedsters — and then The Pack. Letherby passed in 6.56 surrounded by a convoy of 2.50 — seeking males, while a trio of wise-cracking women brought up the rear at 11.36. The automatic thought was that if these runners could manage only five hour pace at the start when fresh, what pace would they be on as fatigue set in? Pre-start tension had given way to an air of merriment as the mile-caller received his annual fusillade of light-hearted abuse. "When are you going metric, yah mug?" "Why don't you learn to read the bloody thing properly, face ache?" "Are we almost there?" "Aww, shit".

The horde reached the highway and duly proceeded to shut down Gawler-Adelaide through traffic for an hour. And the pattern of the race began to emerge. The kid in the black singlet still led at 10 km. (34.48) and people were now beginning to take his fantasy seriously.

He led Adelaide Harriers' Wednesday night pack run champion Peter Hooper by 32 seconds with another AH runner Glenn Coleman 12 seconds further adrift. St. George (NSW) ace Norman Berger was next (35.40) and clearly he was aiming to do what Graves had done last year.

Ex-Gaelic footballer Liam Hanna (also AH) came through at 35.50 followed 40 seconds back by a menacing trio of state reps, Steve Guy, Alan Hanley and John Carlton. Veteran record-holder Iain Dobbie (Whyalla) and Canberra's John Bell were next on 36.45 with ex-state runner Daryl Turner another minute in arrears. Letherby led the women (and 90% of the men) through 10km. in 41.16 with unknown Aija Svencis (44.56) and Jenny Flood (45.20) looking good. Anne Mann (45.30) and Avis Pearce (47.58) made up the top five women.

The scene as the field sped, plodded and staggered through Smithfield was tragicomic. The guy running in the turban had obviously showed up at the wrong marathon and the lady in "civies" must surely have been the local farmer's wife jogging into Smithfield to buy some food.

The median strip bushes and shrubs will either be dead or flourishing next month following the extensive watering they received from runners too far gone to care who saw them "let it all hang out".

One guy ran straight into the BP Self Serve Station intent on relieving himself of more than just a liquid load.

The feeding stations looked more like medieval feasting tables, some at least 30 metres long and all stacked high with glucose-laden goodies.

A sensation was a distinct possibility as the kid in black still led at 30 km (1 hour 46 minutes.) According to the computer printout his name was Glen Devers, a 16 year older from Murtoa (Vic) which is east of Warracknabeal, which is south of Ouyen, which is between Manangatang and Underbool just east of Pinnaroo. Half the population of Ouyen actually ran or watched the race according to the anti-Victorian announcer.

Devers had run a Big M Marathon as well as two Stawell Marathons and here he was leading 700-odd pursuers up Bridge Road toward The Wall.

A minute behind Devers came plucky Robert Turner, the wheelchair Olympian who has probably done more to gain respect and exposure for that disadvantaged group than most in Adelaide. But it was going to take a monumental effort to get that chair up the Bridge Street hill.

Hanna was 30 seconds down on Turner but looking strong. However it was Bell (1.47.50) and Guy (1.48.00) who looked most dangerous as they closed in for the kill.

Berger (1.48.15), the fast-closing Trevor Mitchell (1.49.00), Coleman (1.49.40), Hanley (1.49.50), Carlton (1.50.10) and Hooper (1.50.30) followed in that order. Letherby had dropped most of her male companions by this stage as she actually sped up along Bridge Road. Flood had now passed Svencis with no other women within a kilometre of that surprising pair.

As was the case last year, dramatic events occurred at The Wall. Young Devers collapsed on to the road after the steep hill and Turner had to use every ounce of guts to inch his way up.

Along Hampstead Road, Bell and Guy seized the lead with Hanna in close attendance. Hanley pulled out at 33 km. another victim of The Wall.

Bell and Guy were still together after the endless Hampstead Road stretch, but Gawler-resident Guy proved too strong over the last 3 km. to win by 30 seconds. As each runner finished the last 200 metres on Graduates Oval, the water-logged turf became more and more of a quagmire, so that the finish stretch developed into a marathon itself.

Turner's effort in manoeuvring his chair across the bog was an inspiration to the vocal crowd. But so too were the efforts of all the runners who received thunderous applause as they reached the finish in various states of exhaustion. The appearance of the occasional stretcher bearing a prostrate figure was a sobering demonstration of the enormity of everyone's achievement and the seriousness with which this event must be tackled.

Letherby finished fresh in a remarkable 2.52, smashing her own race record by some nine minutes while Flood and Svencis finished just shy of the magic three hour barrier.


And so it was on to the good part.

I saw one runner "skull" 10 cups of orange juice in 60 seconds, another eating a pastie and a violet crumble at the same time, and others just laying on the ground with their legs elevated in sheer relief.

It seems that, if nothing else, the Festival City Marathon teaches its challengers an appreciation of life's simpler things — food, liquid, rest — and life itself. See yah mugs next year at the mile mark!

by Brian Chapman
(also printed in "Full Runner")

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“MY HEART ATTACK COULD BE THE BEST THING THAT HAS EVER HAPPENED TO ME”

Profile by Sue Forth

53 year old Peter Evans, an electrical instrument fitter with E.T.S.A., is a quiet friendly man. He is a S.A.R.R.C. running instructor and marathoner, but hasn't always been his slim, muscular, energetic self. 10 years ago, Peter was about 13 stone, a dedicated 40 to 60 cigarettes/day smoker, chronically inactive, tense and suffering from insomnia. The first sign of something being wrong with his way of life was a heart attack.

“My heart attack could be the best thing that has ever happened to me” said Peter “That must sound funny but it suddenly forced me to alter my whole lifestyle. I started looking at my diet and what exercise I was getting.” With encouragement from the National Heart Foundation, Peter's rehabilitation began with an exercise programme including walking. He moved into jogging, but was at a loss as to where to go from there.

He then joined a special class for people with heart attacks and circulatory problems with the Institute of Fitness Research and Training under close supervision of a medical officer. Here is where he established himself for the first time as a runner. With guidance and surveillance, he improved in leaps and bounds (or was it stride by stride?) without any difficulties. “I then started running at home by myself without direction and 4 years ago I finished my first “City to Bay Run”. To me that was an accomplishment. It was something I always thought was a great goal even before I had cardiac problems.” “They did an angiogramme (a photograph of the heart blood vessels which have been filled with dye to show their potency) and found out that 2 out of the 3 arteries were blocked, so I was running on one.” “There were no apparent problems, so I continued to run and kept getting fitter.” “Now as long as I run within myself, I'm O.K., but as soon as I race I'm in a danger zone”.

Peter now averages 35 miles/week, sees a cardiologist once a year for a check up, no longer takes medication and has no problems with his health.

“I enjoy running because I come home relaxed after a run, my weight is kept down, and on the social side it's good because you're meeting people who are outgoing and have a positive outlook on life”.

Peter ran this year's marathon in 4 hours 10 mins. 49 sec. It was his 2nd marathon.

Both Peter and wife Daphne are actively involved in the Club. Daphne has been running regularly for four years, didn't run this year's marathon, but was a tower of strength as an official and helper over the whole weekend.



53 year old Peter Evans, ex Cardiac patient and 16 year old Carol-Ann Moore, Ouyen High School Student come in together. 4 hours 10 mins 49 sec. (Photo: The Fleeting Image)

1981 FESTIVAL CITY MARATHON

2 AUGUST 1981

RESULTS RECORD

WEATHER CONDITIONS:

	8.00 a.m.	12 noon
Temperature	10.4° C	13.5° C
Wind	E6 knots	NNE 4 knots
Rain	Nil during race	

AWARDS:

First Male: Stephen Guy 2:30.36

First Female: Desiree Letherby 2:52:23

The value of ANSETT Air Travel to run in the 1981 Melbourne Marathon plus Winners' trophies.

DIVISION WINNERS:

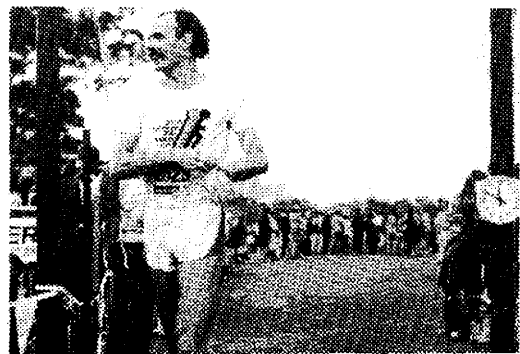
KAISER STUHL Wine (plus Berlei products for female winners and placegetters)

Abbreviations Used:

Female	Age Range	Division	Male	Under 20 years	M19
	Under 20 years	F19		20-24 years	M20
	20-24 years	F20		25-29 years	M25
	25-29 years	F25		30-34 years	M30
	30-34 years	F30		35-39 years	M35
	35-39 years	F35		40-44 years	M40
	40-44 years	F40		45-49 years	M45
	45-49 years	F45		50-54 years	M50
	Over 50 years	F50		55-59 years	M55
				60-64 years	M60
				65-69 years	M65
				Over 70 years	M70
				Wheelchair	WCH



"Thank goodness it's over!" walking past the Wall, Helen Morris (SARRC Board Member) leads Alan White and Venton Cook across the line.



Neville Snook 3:50.49 looks pleased with his time and his new SARRC T. Shirt.

ATV	POS	TIME	NAME	AGE	WHERE FROM
F19	1	3:25.20	LIBBY UEDY	16	KILBERRY SA
F19	2	3:49.10	GAREK TAYLOR	16	QUYTER VIC
F19	3	3:55.56	SHARON HOLLIES	19	PARKSIDE SA
F20	1	3:49.43	SUSAN ALSE	21	EMMARSDOWN SA
F20	2	4:12.27	GEORGE FREEMAN	22	MURRAY NORTH SA
F20	3	6:51.02	TRACY ZILM	23	MURRAY BRIDGE SA
F25	1	3:13.22	ALJA SVERETS	28	MAYLANDS SA
F25	2	3:22.37	ANNE MORRIS	28	TRANMERE SA
F25	3	3:41.10	MAGGIE BURNETT	26	MURRAY BRIDGE SA
F30	1	3:19.05	JENNIFER HARRIETT	30	MURPHYS SA
F30	2	3:50.32	IMELDA CARSON	31	BEAUFORT SA
F30	3	3:59.47	BROUEN MORRIS	34	RIDGEHAVEN SA
F35	1	2:52.23	DESIREE LETHERBY	35	ELIZABETH EAST SA
F35	2	3:06.48	JERRIE FLOOD	37	PACORAMA SA
F35	3	3:26.38	CATHERINE RAINSFORD	36	MURPHY SA
F40	1	3:23.29	AVIS PEARCE	41	BELLEVUE HEIGHTS SA
F40	2	4:03.99	CHRISTINE GORDON	40	HACKNEY SA
F40	3	4:13.55	FAY NICHOLS	40	BLAKEWOOD SA
F45	1	4:18.27	JOSEPHINE ROBERTS	46	MITCHELL PARK SA
F45	2	4:26.49	MAUREN SCHULZ	46	INCKHAM WEST SA
F45	3	5:10.13	GABRIELLE DRIGHT	48	LORETTVILLE SA
F50	1	4:57.44	BETTY THOMAS	29	STURLING SA
F50	2	5:41.00	MARY MARLEY	51	WARRINGTON SA
F50	3	2:57.06	GLEN DEVERS	16	MURLOA VIC
F19	1	2:55.56	WYJIN STELTER	17	LUMPY VIC
F19	2	2:59.00	MICHAEL TORRICE	17	EDMUNDS SA
F19	3	2:55.51	DEAR HANMILL	20	BODKIN HILL NSW
M20	1	2:53.96	MARC ZUCCHI	23	LOCKEYS SA
M20	2	3:03.98	PETER TODD	29	COROMANDEL VALLEY SA
M20	3	3:09.48	STEPHEN BIN	27	BAULP SA
M25	1	2:42.17	STUART DAVIDSON	29	REUTON SA
M25	2	2:48.40	TERRY BELL	27	ALICE SPRINGS NT
M30	1	2:59.56	HUGH DEARMLEY	31	EROPEN HILL NSW
M30	2	2:41.52	TERRY MALONEY	34	ST AGNES SA
M30	3	2:47.39	GLEN COLEMAN	40	GGARRE SA
M35	1	2:51.09	JOHN BELL	55	WOPER ACT
M35	2	2:52.46	LION HANNA	56	MACKON SA
M35	3	2:56.51	NORMAN BURRER	35	HORSLEY HEIGHTS NSW
M40	1	2:46.41	IAIN DOBBIE	42	WHYALLA STUART SA
M40	2	2:46.49	DESMOND RAINSFORD	42	MURPHY SA
M40	3	2:49.49	JOHN PITCHER	41	KINGSTON PARK SA
M45	1	2:50.24	TREVOR READ	47	WHYALLA SA
M45	2	2:52.23	DONALD SPENCER	45	POORAKA SA
M45	3	2:52.42	VICTOR DE CURSELY	45	WEST LAKES SHORE SA
M50	1	2:49.11	ROY SUICLIFF	51	FLAGSTON PARK SA
M50	2	3:06.56	LAURENCE VARR	50	PLYMPTON PARK SA
M50	3	3:09.50	REES MARTIN	51	WARRADALE SA
M50	1	3:41.35	BEN PUTTS	29	ERINA SA
M55	1	3:25.35	NORMAN MARTIN	58	KILBERRY SA
M55	2	4:08.03	BOB PAULS	55	MURRAY BRIDGE SA
M60	1	3:18.26	BILL CHADDF	60	TORRENS PARK SA
M60	2	4:14.55	JOHN BIGGS	62	BROOKLYN PARK SA
M60	3	4:58.14	TOM DARRY	61	PARK HILLS SA
M65	1	4:20.00	ERIC WORLEY	67	ROYAL GIRRS SA
M65	2	4:41.56	CYRIL MARGAROU	66	AMELADIE SA
M70	1	3:40.07	RICHARD BRYANT	70	BRIGHTON SA
M70	1	2:56.00	ROBERT TURNER	77	HOLLEN HILL SA
M70	2	3:59.51	GLAN SHIRT	51	ELIZABETH EAST SA



Clubs

KAISER STUHL Wine for first three members of winning clubs.

Male

1. Adelaide Harriers

Liam Hanna 2:32.46

John Carlton 2:38.11

David Martin 2:38.48

2. Enfield Harriers

Tom Marshall 2:43.51

Philip Lane 2:45.00

Desmond Rainsford 2:46.44

3. Whyalla Harriers

Iain Dobbie 2:46.41

Trevor Read 2:50.24

Edward Drew 2:52.33

Female

1. Enfield Harriers

Desiree Letherby 2:52.23

Avis Pearce 3:23.29

Patricia Rainsford 3:26.38

2. Veterans

Helen Alderson 3:30.20

Imelda Carson 3:30.32

Helen Beaumont 3:49.57

Teams

KAISER STUHL Wine for first three members of winning teams.

Male

1. **Northfield High Joggers**
 - Morris Allen 2:52.51
 - Gorden Cawrse 2:54.44
 - John Lovell 2:57.57
2. **SA Customs Fun Runners**
 - Tom Marshall 2:43.51
 - Philip Lane 2:45.00
 - Fred Dmytrenko 3:01.04
3. **Uni Gym Lunchtime Joggers**
 - Peter South 2:48.41
 - Bill Fechner 2:57.22
 - Ren Potts 3:01.35

Female

1. **Ouyen High School**
 - Karen Taylor 3:44.09
 - Carol-Ann Moore 4:10.49
 - Tracey Munro 4:16.47

PRIZES

- A unique South Australian Opal
Keith Rawolle 4:01.23
- ANSETT Air Travel to the 1981 Melbourne Marathon
Stan Parkin 3:57.30
Scott Chambers 3:44.04
Warwick Souter 3:32.06
- QANTAS Air Travel to run in the 1981 Honolulu Marathon with interstate connection by ANSETT.
Fay Nichols 4:13.55
Rodney Martin 3:35.34

STATISTICS

	1979	1980	1981
Entrants	695	909	918
Starters	525	726	739
Finishers	464	691 (95%)	707 (96%)
Sub 3-hour	24	69	76
Fastest Time	2:30.08	2:27.03	2:30.36
Median Time	3:49.50	3:36.35	3:39.00
Slowest Time	5:34.43	6:06.23	6:31.05
Female Entrants	27 (4%)	52(6%)	89 (10%)
Female Starters	n.a	42	76
Female Finishers	14	41	70
Registered Athletes			
Entrants	n.a	n.a	224
Starters	n.a	n.a.	177
Finishers	n.a.	n.a.	162 (92%)
S.A.R.R.C. Entrants			385
Interstate Entrants		24	70
Average Age			
Male	n.a.	33	35
Female	n.a.	30	32

Festival City Marathon

If ever there was a day for a marathon PB, Sunday August 2 was it. Such was the consensus among the 739 warriors (of 918 entrants) and over 2,000 supporters who milled around in the half-light of a cool, calm, drizzly Gawler morning.

by BRIAN CHAPMAN

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John Carlton, the ex-Townsville marathoner, and Peter Liebelt, the Murray Bridge barman, had both completed the National in times much slower than their best so perhaps they still had something in reserve. As bartenders on the Friday night hog session they had gone a long way towards getting most of their rivals drunk.

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after an indifferent season following his disastrous expedition to the Auckland Marathon in February.

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Up Jerningham and down Murray Street to the 1 mile mark, the field was already thinning out appreciably. Some kid came through first at 5 minutes 36 seconds, followed by a couple of other speedsters—and then 'The Pack'. Letherby passed in 6.56 surrounded by a convoy of 2.50-seeking males, while a trio of wise-cracking women brought up the rear at 11.36. The automatic thought was that if these runners could manage only 5-hour pace at the start when fresh, what pace would they be on as fatigue set in?

Pre-start tension had given way to an air of merriment as the mile-caller received his annual fusillade of light-hearted abuse. "When are you going metric, yah mug?" "Why don't you learn to read the bloody thing properly, face-ache?" "Are we almost there?" "Aww, shit!"

The horde reached the highway and duly proceeded to shut down Gawler-Adelaide through traffic for an hour. And the pattern of the race began to emerge. The kid in the black singlet still led at 10km (34.48) and people were now beginning to take his fantasy seriously. He led Adelaide Harriers Wednesday night pack run champion Peter Hooper by 32 seconds, with another AH runner, Glenn Coleman, 12 seconds further adrift. St George (NSW) ace Norman Berger was next (35.40) and clearly he was aiming to do what Graves had done last year.

Ex-Gaelic footballer Liam Hanna (also AH) came through at 35.50, followed 40 seconds back by a menacing trio of state reps—Steve Guy, Alan Hanley and John Carlton. Veteran record holder Iain Dobbie (Whyalla) and Canberra's John Bell were next on 36.45 with ex-state runner Daryl Turner another minute in arrears.

Letherby led the women (and 90 per cent of the men) through 10km in 41.16 with unknowns Aija Svencis (44.56) and Jenny Flood (45.20) looking good. Anne Mann (45.30) and Avis Pearce (47.58) made up the top five women.

The scene as the field sped, plodded and staggered through Smithfield was

tragi-comic. The guy running in the turban had obviously showed up at the wrong marathon, and the lady in 'civies' must surely have been the local farmer's wife jogging into Smithfield to buy some food.

The median strip bushes and shrubs will either be dead or flourishing next month following the extensive watering they received from runners too far gone to care who saw them 'let it all hang out'. One guy ran straight into the BP self-serve station intent on relieving himself of more than just a liquid load.

The feeding stations looked more like mediaeval feasting tables, some at least 30 metres long and all stacked high with glucose-laden goodies.

A sensation was a distinct possibility as the kid in black still led at 30km (1 hour 46 minutes). According to the computer printout his name was Glen Devers, a 16-year-old from Murtoa (Vic), which is east of Warracknabeal, which is south of Ouyen, which is between Manangatang and Underbool just east of Pinnaroo. Half the population of Ouyen actually ran in or watched the race, according to the anti-Victorian announcer. Devers had run a Big M Marathon as well as two Stawell Marathons, and here he was leading 700-odd pursuers up Bridge Road towards 'The Wall'.

A minute behind Devers came plucky Robert Turner, the wheelchair Olympian who has probably done more to gain respect and exposure for that disadvantaged group than most in Adelaide. But it was going to take a monumental effort to get that chair up the Bridge Street hill.

Hanna was 30 seconds down on Turner but looking strong. However it was Bell (1.47.50) and Guy (1.48.00) who looked most dangerous as they closed in for the kill.

Berger (1.48.15), the fast-closing Trevor Mitchell (1.49.00), Coleman (1.49.40), Hanley (1.49.50), Carlton (1.50.10) and Hooper (1.50.30) followed in that order. Letherby had dropped most of her male companions by this stage as she actually sped up along Bridge Road. Flood had now passed Svencis with no other women within a kilometre of that surprising pair.

As was the case last year, dramatic events occurred at The Wall. Young Devers collapsed onto the road after the steep hill, and Turner had to use every ounce of guts to inch his way up.

Along Hampstead Road, Bell and Guy seized the lead with Hanna in close attendance. Hanley pulled out



ANNA LYNCH (left) and HELEN MENZIES show the spirit of joy and achievement in finishing the 1981 Festival City Marathon at 12.19 pm and 42 seconds. (The Fleeting Image)

at 33km, another victim of The Wall.

Bell and Guy were still together after the endless Hampstead Road stretch, but Gawler-resident Guy proved too strong over the last 3km to win by 30 seconds.

As each runner finished the last 200 metres on Graduates Oval, the waterlogged turf became more and more of a quagmire, so that the finish stretch developed into a marathon itself. Turner's effort in manoeuvring his chair across the bog was an inspiration to the vocal crowd. But so too were the efforts of all the runners, who received thunderous applause as they reached the finish in various states of exhaustion. The appearance of the occasional stretcher bearing a prostrate figure was a sobering demonstration of the enormity of everyone's achievement and the seriousness with which this event must be tackled.

Letherby finished fresh in a remarkable 2.52, smashing her own race record by some 7 minutes, while Flood and Svencis finished just shy of the magic 3-hour barrier.

And so it was on to the good part. I saw one runner 'skull' ten cups of orange juice in 60 seconds, another eating a pastie and a violet crumble at the same time, and others just lying on the ground with their legs elevated in sheer relief.

It seems that, if nothing else, the Festival City Marathon teaches its challengers an appreciation of life's simpler things—food, liquid, rest—and life itself. See yah mugs next year at the mile mark! ≠

Steve proves there's nothing like a Guy

By HUGH POLKINGHORNE



Steve Guy crosses the line to win the Festival City Marathon yesterday.

After a week's indecision, Steve Guy put his foot down and decided to enter yesterday's Gawler to Adelaide marathon only hours before the start.

He put his feet down a few thousand more times before leading home the huge field in his first Festival City marathon.

Hundreds of spectators cheered the 27-year-old Roseworthy College student as he sprinted the final metres on the reserve fronting the Adelaide University gymnasium.

Guy, who lives at Gawler, said it had been easier getting to the start of the race at the Princes Park greyhound track at 8 a.m. than to the finish two hours 30 minutes and 36 seconds later.

"I had been undecided about entering all week after I had performed pretty poorly at the national marathon in Victoria last week — now I've redeemed myself," he said.

Guy was the first of 707 runners who completed the gruelling 42.2-kilometre ordeal after 720 had started.

Following him were John Bell, of the ACT, in 2:31.09 and Liam Hanna, from Marion, in 2:31.46.

One runner collapsed with 20 metres remaining and was carried over the line. He was treated for exhaustion by St. John Ambulance workers.

The physical effort needed was probably best exemplified by one middle-aged runner who, on finishing, flung his hands in the air and simply said: "Thankyou, dear God!"

As the experts tipped, State champion Desiree Letherby was the first woman to finish for the second successive year.

She came 42nd in a time of 2:52.23 with fellow SA runners Jenny Flood and Aija Svencis second and third among the women.

Robert Turner, 27, a paraplegic of Holden Hill, turned in an amazing performance to finish sixth overall, breaking the Australian record for a marathon in a wheelchair with 2:36.00.

Richard Bryant, 70, the oldest competitor, ran through in 3:40.07.

Festival City Runner

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Wheelchair athlete, Sue Hobbs, near the finish of the 12 km City-Bay on September 20. Her position was 15th overall of 6320 finishers in a time of 38.27
(Photo: Sean Power)

Registered for Posting as a periodical — Category 'B'

Letters

Letters are encouraged, but because of limited space please be as brief as possible. We welcome comments on previous articles, particular events or any issues concerning running.

"I would like to commend the club on the way it has organised the events and the subsequent improvement which has been made to the road racing scene in this State. Two very important features which runners can rely on in your events are markers every kilometre and adequate water stops."

Kevin Foreman

"Congratulations on the Marathon, ½ Marathon, the last magazine edition and the club generally."

John Dunstall 10/9/81

Comments on the Festival City Marathon 2 / 8 / 81

".....to all those directly and indirectly involved with the clinics, the lectures, the party, the whole day, I appreciated the effort and the co-ordination of the running of the event....."

Trevor Hill 3/8/81

".....I certainly needed that coffee and bush biscuit, and I look forward to wearing my T-Shirt to my next formal function."

Jenni Kuyper 30/8/81

"Over the past 10 months I have run in, and enjoyed the experience of three marathons, training with a group of women who, like me, run for the sheer joy of running. Our training sessions have included 6.00 am runs down Rundle Mall, discovering the beauty of tiny little cottages and tucked away parks in the near city suburbs and on more than one occasion culminating in a chicken and champagne breakfast in one of the many parks around Adelaide... I would like to let all readers of Brian Chapman's article (in the last newsletter) know that the "wise cracking" women who brought up the rear at 11.36 for the first mile, finished the Marathon in great shape, running all the way in 4:45, and enjoying every minute of it."

Rosemary Hosking 6/9/81

"No praise could be too great for the part played by the S.A. Police on the day. Their efforts made the run so much easier — particularly in the last few kilometres when the most important thing is simply to keep moving!"

Gary Nichols, 9/8/81

"I would like to thank you very much for your support for our small group who walked the marathon. We all (especially my dog Shep) enjoyed the experience which is quite different from running it. We were especially grateful to those at the aid stations who either waited for us or left us orange juice and cups."

Margie Fields, 3/8/81

".....enthusiasm at the aid stations was an important factor in sustaining my morale, I felt I was part of a group of people who cared about what was happening and I am grateful for that experience."

Bill Hofmeyer, 3/8/81

Medical Report on Marathon

".....we were able to handle the casualties of the race with minimum problem this year. That we had four casualties (who required intravenous fluid replacement for exhaustion and collapse) despite the ideal conditions, I think, reflects the failure still of so many runners to appreciate the physiology of fluid loss....I think the other important lesson for runners arises from the fact that our evacuated runner was convalescing from a viral infection contracted some week to ten days before the event, but he elected still to run."

Again, I think, we must emphasize the need for runners to be very wary of any febrile illness occurring before a long endurance event. Thank you again for the opportunity to support the Marathon."

Dr. Gavin Beaumont, 6/8/81

Comments on the Greenbelt Half Marathon, Sept 6th

"...your course would have to be the most attractive in Australia and I see no reason why you shouldn't promote it as such. The shaded parts early were great, views and scenic attractions memorable and the down hill run home just what a lot needed....May the club have all the success it justly deserves."

Daryl Brown, 9/9/81

"Three of us travelled down from Woomera for the weekend, and joined in your Fun Run. Two of us were Americans, temporary residents in Australia, and we thoroughly enjoyed experiencing one of your events.....Keep up the good work....from three mad keen jogging/running enthusiasts (in outback Australia)".

Robert D. Hall
Theresa Bennett
Maggie Bessen, 8/9/81.

Letter from Adelaide to Victor Harbor Ultra Marathon Organiser

"....apart from the traffic problem, I believe the race was a success and worth putting on again.

I feel that the race should have an organisation backing. I enjoyed putting on the inaugural event, but would like to ask whether your committee would consider adopting the event....I would be happy to serve on any race committee that was formed. I will be sending out a letter to all the competitors for some feed back.

You may like to discuss this venture with the D.R.C. (Distance Runners Club) before making a decision.....

.....I would like to thank you for your support."

Roy Sutcliffe, 15/10/81

1982 FESTIVAL CITY MARATHON

by Bruce Abrahams
(Race Director)



42.2 km Gawler to Adelaide, Sunday, August 29, 1982

The Festival City Marathon is now established as one of the top "people's" marathons in Australia, certainly it would have to be one of the friendliest and best organised for runners of all abilities. Every finisher a winner no matter what their time! The 1982 event, with 13 months planning is shaping up as a real beauty.

With more lead time to promote the event and organise training for first timers and the natural growth of Adelaide's "running boom", 1500 runners are expected to enter in 1982. Anyone who has experienced a mass participation marathon knows what a lift running with such a self-supportive group can be.

More Spectators

Spectators make the atmosphere in "people's" marathon more than any other event. The New York City Marathon through the 5 boroughs has an estimated 2 million spectators, the world's largest sporting event. The Festival City Marathon is already as big as the 1975 NYCM.

In 1982, a special effort will be made to encourage more spectators. One way is to slightly alter the course.

Course Changes

The event will be run **on the road** all the way. At the finish, the course will proceed down O'Connell St, turn right at the Oberoi along Brougham Place to Light's Vision (what a view!), down Montifiore Rd, turn left at War Memorial Drive and follow this right back along the river across King William Rd. and Frome Rd. to finish on War Memorial Drive opposite the Uni Gym.

Through Elizabeth, the course will leave Main North Rd. for about 4 km to go along Midway Rd. through a residential district.

The start will be moved to Main North Rd. opposite the Gawler Race Course (a much bigger staging area).

Brass bands have been invited to give runners a rousing musical accompaniment at the start, through Elizabeth, elsewhere along the course and at the Finish.

(Note: I know changing a marathon course is not always popular among veteran marathoners. They can be assured that the course is still **exactly** 42,195 m which is the real challenge of finishing. It is also now slightly faster, particularly for our wheelchair athletes.)

Racewalk Division

Racewalkers will be invited to enter the marathon in 1982. All you slower runners be warned! Racewalkers expect to complete the distance in 3½ to 6 hours.

Competitive Wheelchair Division

Robert Turner, S.A.'s top wheelchair athlete 2:36 in the Festival City and 2:33 in the Big M (3rd place) reports that he expects a dozen or so of the top interstate wheelchair athletes will be coming in 1982 for a very competitive race. To give them a clear start, the wheelchair division will commence 1 minute earlier.

Festival City Running Week August 23 to 29

The week before the Marathon will have many running events and promotional activities designed to publicise the Marathon and give credit to all the runners who have trained so diligently for it.

One great occasion will be on Friday August 27 for a **lunchtime jog-through the city streets of marathon entrants**. In the style of the Football motorcade on foot. A real buzz!

Entry Forms, Posters, Publicity

These are planned to be printed in February to be distributed in the next issue of Festival City Runner.

Festival City Marathon Clinics

For first-timers, even sedentary "basket cases", you can train for a marathon in 9 months in a carefully planned programme following the famous Honolulu Plan. Four clinics are planned:

November 29 (Sun) "9 Months to Go" 8.30 a.m. Uni Gym
January 31 (Sun) "7 Months to Go" 7.30 a.m. Uni Gym
February 28 (Sun) "6 Months to Go" 7.30 a.m. Uni Gym
March 28 (Sun) "5 Months to Go" 7.30 a.m. Uni Gym

30 min. talk followed by run. Programme hand-outs. Free.

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SARRC Board member Jenny Dabinett breaks the Boston Standard (Photo: Fleeting Image)